



Ally Buddy Program

## Masterclass Series - TOPICS

Expert-led sessions designed to **reduce mental health triggers** through education, healing, and empowerment.

Topics include:

- **Storytelling for Healing**
- **Cultural Wellness**
- **Counselling Clinic**
- **Gender-Based Violence Survivor Workshop**
- **Legal Advocacy**
- **Career Counselling**
- **Financial Literacy**
- **Inclusion & Equity**
- **Youth Empowerment**
- **Healing Intergenerational Trauma**
- **Food Security**
- **Accessibility for People with Disabilities**
- **Business Clinic for Entrepreneurs**
- **Leadership Skills** and more